

Dauphin County MH/A/DP FY 18-19 Annual Report Overview

Presented To The MH/A/DP Advisory Board January 30, 2020

Topics

- **Mission, Vision**
- **Executive Summary**
- **Funding**
- **Autism/Developmental Programs**
- **Early Intervention Program**
- **Mental Health Program**
- **Crisis Intervention Program**

Dauphin County MH/A/DP Mission and Vision

(Adopted by the MH/A/DP Advisory Board 3/31/11)

Mission

The Dauphin County MH/ID Program provides funding and administrative oversight for services in our community that support people and their families living with developmental delays, mental illness, and intellectual disabilities. Our mission is to assure that these services are of the highest quality possible, are cost-effective, and are readily available to all who need them. We promote family-centered services in our early intervention program, recovery and resiliency in our mental health program, and self-determination in our intellectual disabilities program.

Vision

Every person and family that we serve will have a network of family, friends, advocates, and supportive services to provide assistance in living a full and productive life in our community.

Executive Summary

- The MH/A/DP continues to focus on services most vital to the individuals we serve to assure opportunities for independence and successful community living.
- A/DP staff focused on improving internal operations to maximize the use of our ID base funding, and continuing efforts to promote employment and independent living. And staff focused the expansion of the Community Living Waiver.
- EI staff continued to build provider capacity to address growing caseloads in the EI system. Our EI program also participated in a grant funded initiative aimed at improving school readiness.
- MH staff focused on improving HealthChoices provider capacity and working with PerformCare to increase quality and monitoring the implementation of value-based purchasing. And MH staff focused on improving residential services.
- The Crisis program provided significantly more services and consumer dispositions than in any prior year.
- MH/A/DP staff values our partnership with consumers, families, providers, and community agencies, and we remain committed to assuring that quality services are available to individuals and families who need them. We appreciate the support of the MH/A/DP Advisory Board, and the Dauphin County Board of Commissioners in meeting the challenges to serve residents of Dauphin County living with mental illness, intellectual disabilities, and developmental delays.

Program Expenditures and Persons Served Data

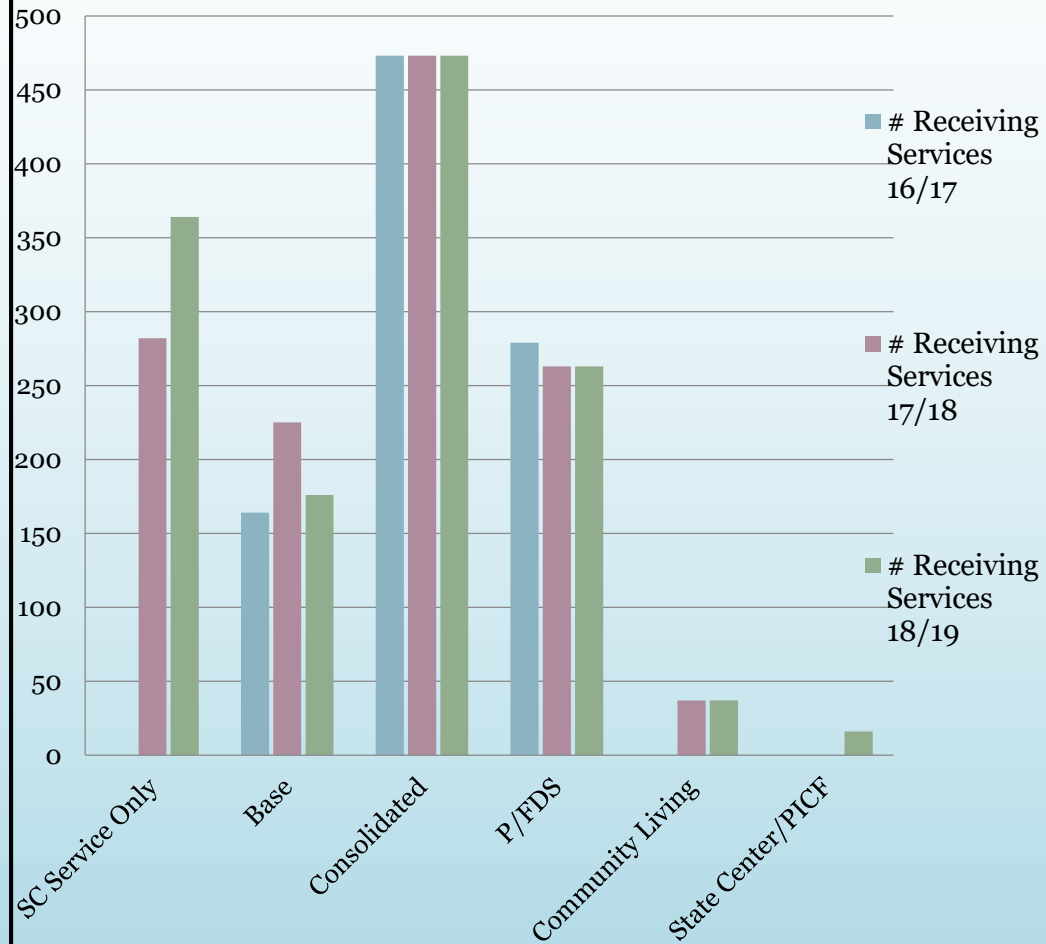
PROGRAM	EXPENDITURES FY 16-17	EXPENDITURES FY 17-18	EXPENDITURES FY 18-19	% CHANGE
MH	\$18,091,599.0	\$17,632,106.0	\$18,432,958	4.54%
ID/A	\$3,376,918.0	\$3,389,220.0	\$3,247,535	-4.18%
EI	\$2,062,743.0	\$2,319,549.0	\$2,517,128	8.52%
County Match	\$871,106.0	\$934,629.0	\$980,947	4.96%
Grants/Other	\$956,479.0	\$1,202,695.0	\$1,275,217	6.03%
Total	\$25,358,845.0	\$25,478,199.0	\$26,453,785	3.83%

PROGRAM AREA	PERSONS SERVED FY 15-16	PERSONS SERVED FY 16-17	PERSONS SERVED FY 17-18	PERSONS SERVED FY 18-19
Mental Health	4,208	3,958	3,041	2,779
Intellectual Disabilities	1,132	995	1,236	1,334
Early Intervention	826	897	942	1,086
Crisis Intervention	3,230	3,346	3,292	4,136
Total	9,396	9,196	8,511	9,335

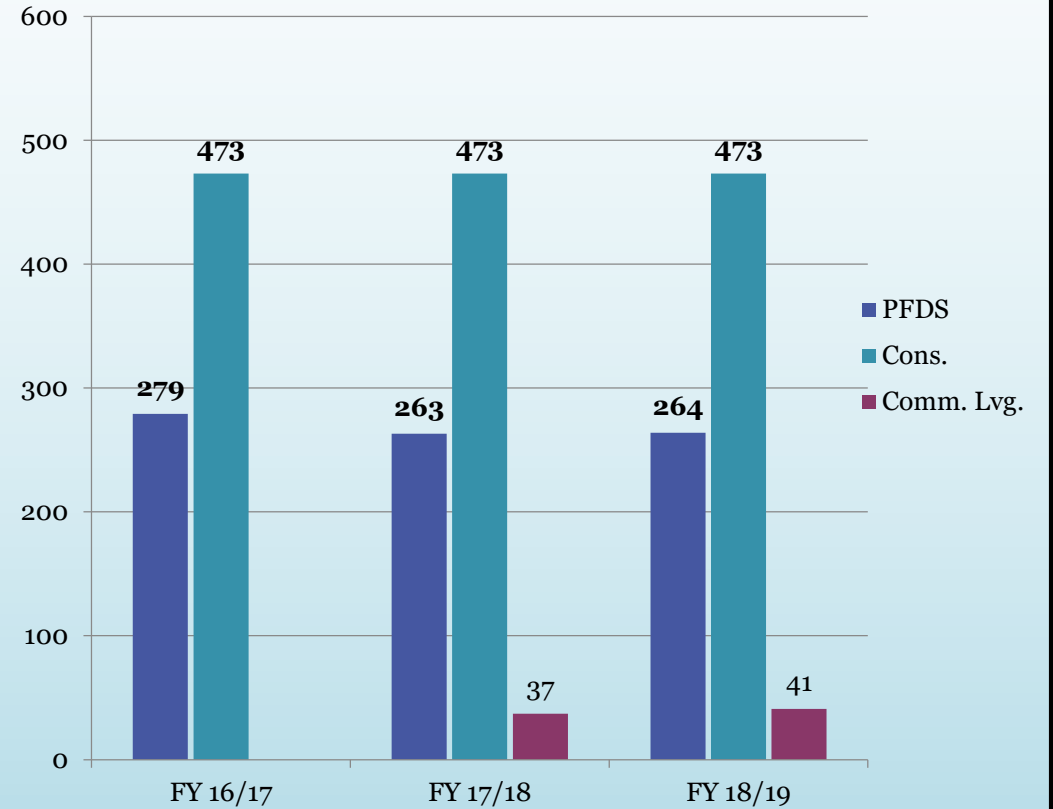
Autism/Developmental Programs

- Most individuals in Dauphin County are supported by their families and other natural supporters. Our system continues to explore how to best meet the needs of families. Dauphin County remains engaged in The Community of Practice – Supporting Families throughout the Lifespan.
- A/DP staff worked with providers to expand Supported Living services in Dauphin County. There are now two providers who offer this service in Dauphin. Dauphin County currently supports 11 people in supported living since it began 1/1/2018.
- Dauphin County volunteers to be a lead for ODP's New Provider Orientation Training. The training is a comprehensive overview of the expectations that ODP requires from providers. Some of the topics are Everyday Lives, staff training requirements, incident reporting, ISP development, service definition and Promise Billing. Our participation allows Dauphin County to assure that we are informing all new providers what it means to be a provider of high-quality service to all our consumers.

Persons Receiving Services

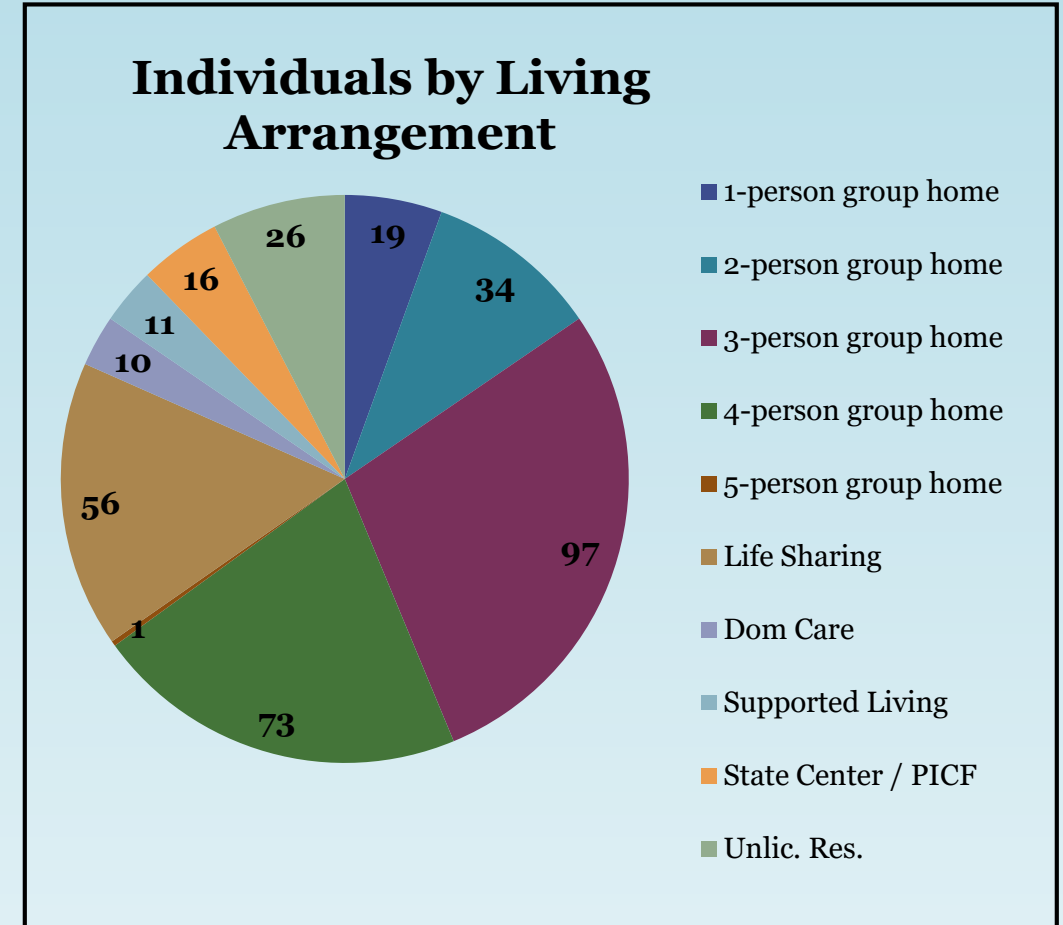


Waiver Capacity Comparison



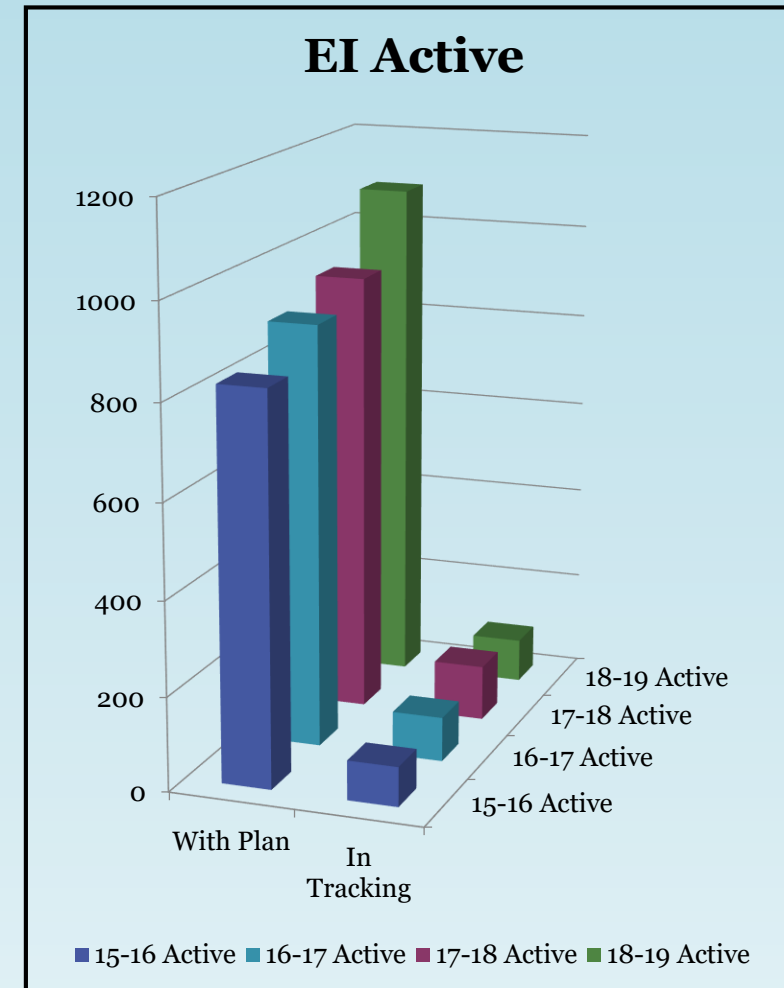
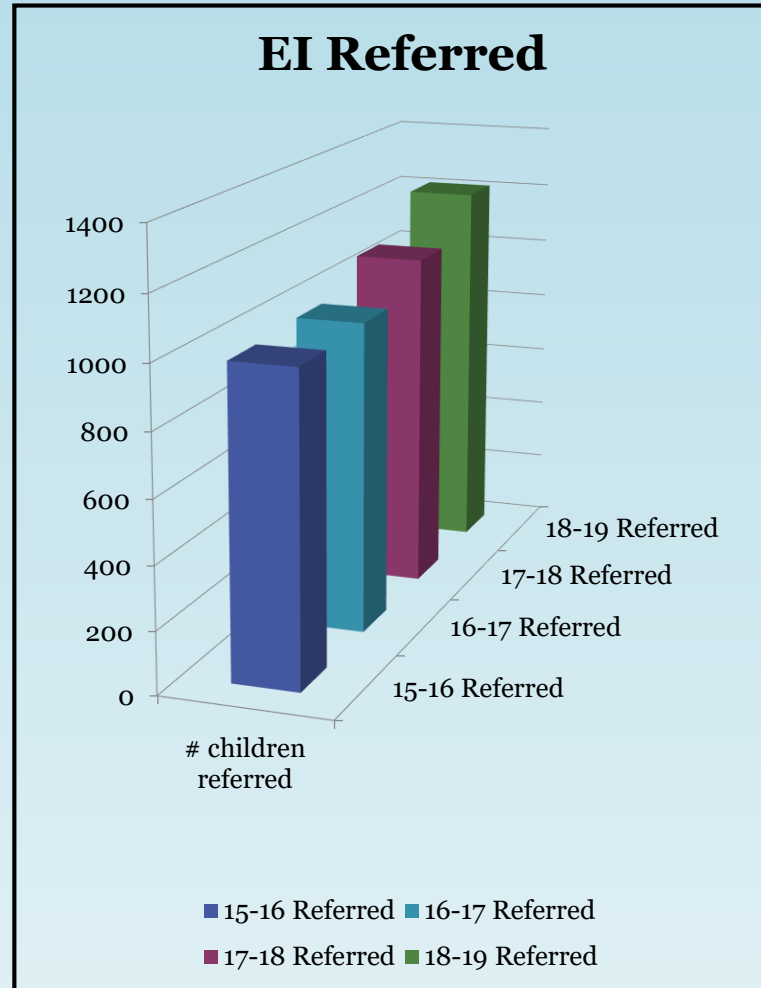
A/DP Promotes Independence

- Three hundred and forty-two (342) individuals are receiving residential services in Dauphin County. Fewer individuals are requesting residential services and more individuals living in licensed group homes are moving to settings which allow them more independence while still accessing the support they need.
- Dauphin County continues to promote Employment First. Work is an important part of being part of your community and gives opportunity to live how you want to live. In June of 2019 Dauphin County had forty-four (44) individuals seeking employment and one hundred and forty-seven (147) individuals are receiving supported employment services in Dauphin County.



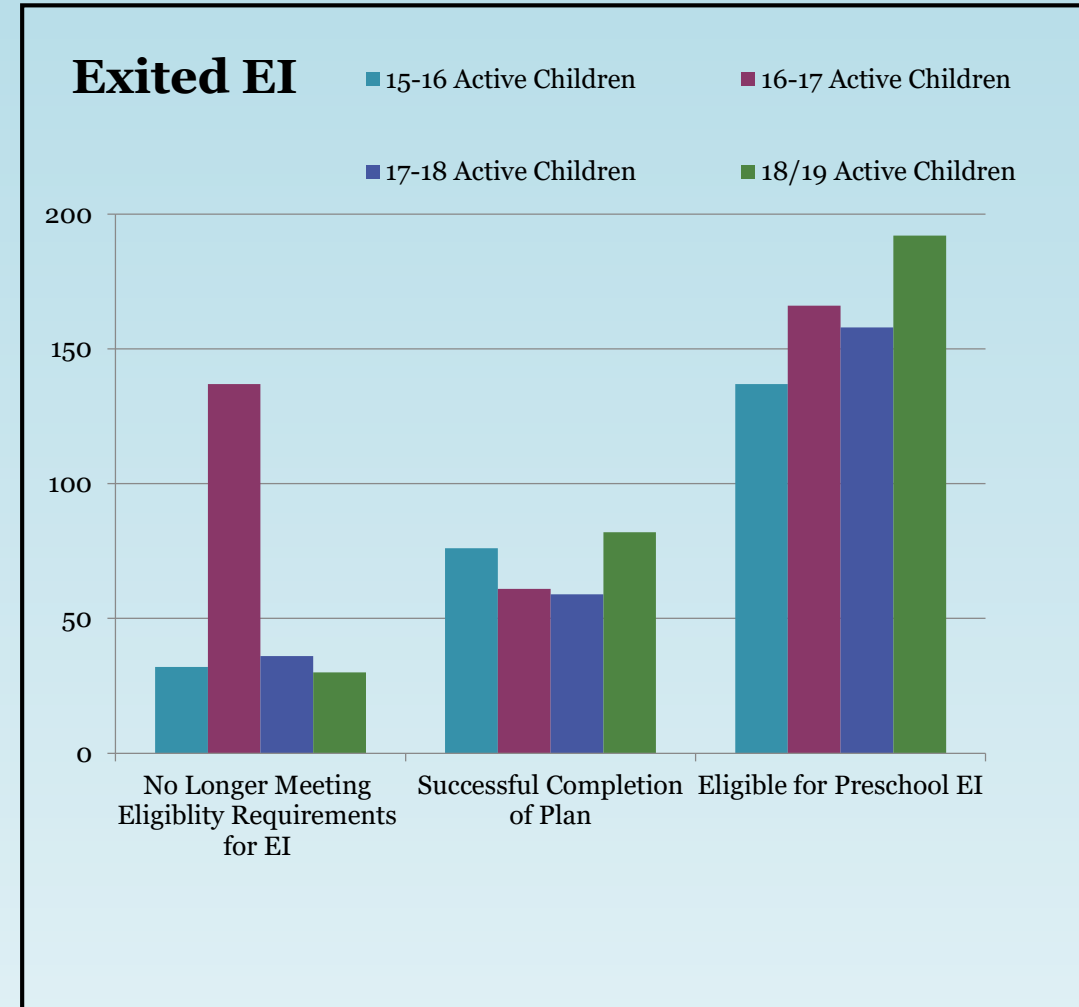
Early Intervention Program

Dauphin County continues to see an increase in the number of children referred and served in the EI Program, continuing a multi-year upward trend. 1213 children were referred and/or re-referred to EI. The number of active children in the program in FY 18-19 was 1,086



EI Exit Outcomes

- Total exits in FY 18-19 were 412 children
- Exited EI due to no longer meeting eligibility requirements for Infant/Toddler or Preschool services—30 or 7.3% of exits
- Exited EI due to the successful completion of the child’s IFSP outcomes—82 or 20.0% of exits
- Exited Infant/Toddler EI and found eligible for Preschool EI- 192 or 47.0% of exits
- Exited EI due to unsuccessful attempts to contact a child/family receiving services, or family withdrew-58 or 14% of files closed in 18-19.



Mental Health Program – High Need Individuals

Danville State Hospital Data: Bed Cap is 32

13 persons were referred to DSH one referral was withdrawn.

Persons Admitted	Persons Discharged	Continuous Stay in FY	Unduplicated Persons	Re Admitted in Same FY	Census on 6/30/19
12	14	22	44	2	32

Extended Acute Care Data: 13 Beds At Wellspan Philhaven Facilities

52 referrals were made for Extended Acute Care services.

31 of the 52 referrals (60%) were admitted

21 persons (or 40%) were diverted from the EAC and were referred to community-based treatment

29 persons were EAC discharges during FY 18-19.

Mental Health Program

- Residential programs served 393 adults. 197 people were served in residential services other than the crisis and diversion CRR programs.
- We received funding from OMHSAS for criminal justice related MH services: MH + D & A Intensive Outpatient Program (IOP) with a recovery center and a short term forensic-specific CRR.
- 639 persons were screened for eligibility for early release from Dauphin County Prison and 117 persons were approved. The average prison length of stay for persons eligible for early release was 126 days.
- Housing services included:
 - The Bridge Rental Assistance Program: 18 persons
 - 811 Project-based Rental Assistance Program: 23 persons
 - Sunflower Fields: 5 homes for adults with serious mental illness and their family
 - Shelter Plus Care (S+C) Housing Voucher program: 40 persons including 5 new admissions.

Residential Discharge Outcomes

Type	Number in 17-18 and 18-19		Percentages in 17-18 and 18-19		Examples
Recovery	34	21	55.7%	35.5%	Independent housing, appropriate use of treatment/support resources
Higher Level of Care - Psychiatric	4	8	6.6%	13.6%	Referred to acute inpatient care and other IP care such as Danville State Hospital or Extended Acute Care
Higher Level of Care – Medical	6	12	9.8%	20.3%	Referred to inpatient medical care and/or skilled nursing care
Incarceration/Arrest	3	0	5%	0%	Arrested and/or sentenced in pending court matter to incarceration
AWOL	5	3	8.2%	5.1%	Left without notice or plan
Rule Violation	1	9	1.6%	15.3%	Repeated program rule violation such as drinking on premises, aggression towards staff
Same Level of Care - Transfer	6	5	9.8%	8.5%	Choice
Deceased	2	1	3.3%	1%	
Total	61	59	100%	100%	

Evidenced Based Services

Evidenced Based Practices	Available in County	Fidelity Measure Used	SAMHSA EBP Toolkit	Staff Trained in EBP	Comments
Assertive Community Treatment	Yes	TMAC	Yes	Yes	Urban Team
Supportive Housing	Yes	NA	NA	NA	Providing Supported Housing since 1980's
Supported Employment	Yes	SAMHSA Toolkit	Yes	Yes	Also has a FEP component MHCBG Grant funded
Integrated Treatment Co-Occurring (MH/SA)	Yes	Hazeldon Patient Rating Scales	No	Yes	Two (2) OPT D & A Providers
Illness Management Recovery	Yes	SAMHSA Toolkit	Yes	Yes	Five (5) providers
Medication Management (MedTeam)	No	NA	NA	NA	Mobile Psychiatric Nursing/HC
Multi-systemic Therapy	Yes	Therapist Adherence Measure	No	Yes	Two (2) certified providers
Functional Family Therapy	Yes		Yes	Yes	Initiated in 2017-2018
Family Psycho-education	Yes	SAMHSA Toolkit	Yes	Yes	NAMI Family-to-Family

County Funded Service Type	18-19 Persons	18-19 Expenditures
Administrator's Office	N/A	\$1,292,539
Assertive Community Treatment	13	\$83,402
Administrative Case Management	1,603	\$1,514,851
Community Employment	138	\$243,740
Community Residential Services	393	\$10,912,594
Community Services	1,169	\$352,397
Consumer-Driven Services	101	\$149,856
Emergency Services	1,753	\$692,099
Family Based MH Services	1	\$5,925
Family Support	32	\$54,590
Housing Support	168	\$1,150,350
Crisis Intervention	2371	\$1,181,578
Outpatient	114	\$337,491
Partial Hospitalization	28	\$210,077
Peer Support Services	24	\$32,162
Inpatient Psychiatric	5	\$253,367
Psychiatric Rehabilitation	0*	0
Social Rehabilitation	129	\$606,740
Targeted Case Management	852	\$1,065,001
COUNTY MH TOTAL	2,779	\$20,142,674

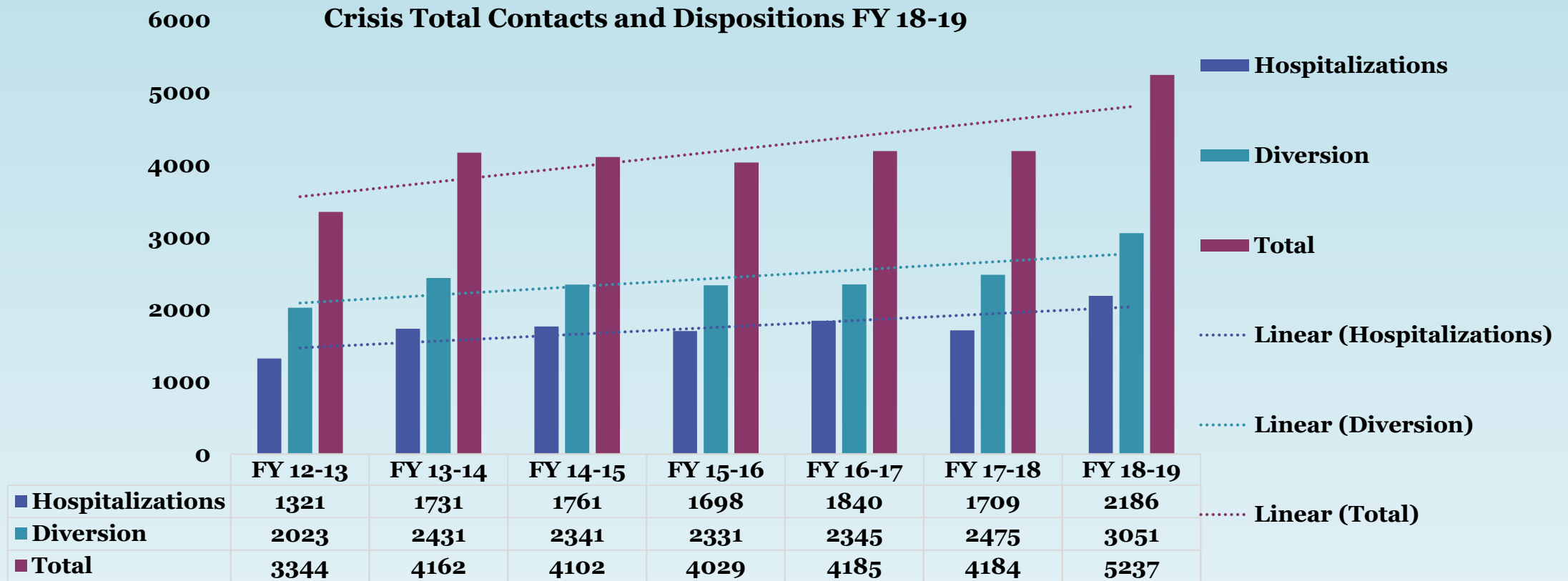
HealthChoices Type of Mental Health Service	FY 18-19 Persons	FY 18-19 Expenditures
Inpatient psychiatric, includes EAC	1,119	\$18,418,201
Partial Hospitalization	413	\$1,651,766
Outpatient	9,975	\$7,578,513
Behavioral Health Rehabilitation Services	1,630	\$11,678,238
Residential Treatment	33	\$2,275,075
Crisis Intervention	1,469	\$571,316
Family Based MH Services	326	\$4,107,833
Targeted MH Case Management	2,120	\$4,927,593
Peer Support Services	95	\$115,491
Other MH: Assertive Community Treatment, Specialized treatment, Tele-psychiatry	841	\$2,140,234
MANAGED CARE MH TOTAL:	11,821	\$53,464,261

Crisis Intervention Program

- Core services are Telephone, Walk- In, Mobile, and Team Mobile Crisis Intervention Services.
- Disaster planning and coordination is another function of the Crisis Intervention Program. All CI staff are trained in and participate in the County's Disaster Crisis Outreach Response Team (DCORT). DCORT participates in regular training exercises and pursues various disaster preparedness initiatives via membership in the Pennsylvania South Central Task Force.
- All CI staff members have completed the required certification process in NIMS (National Incident Management System). CI also participates with and oversees the County's Critical Incident Management (CISM) team, which provides debriefing services to first responders. The CISM team is comprised of over 60 representatives from various behavioral health organizations, police departments, fire departments and other emergency response workers from Central Pennsylvania.
- Crisis collaborates with CMU and Pennsylvania Psychiatric Institute for the Bridge Program to provide follow up after hospitalization outreach and to help link persons hospitalized at PPI with aftercare and treatment resources and case management resources. Crisis served 38 persons in the Bridge Program in FY 18-19.
- Crisis also has a Homeless Outreach specialist who collaborates with various homeless programs and services to help homeless people obtain services including mental health services. Crisis conducted outreaches and interventions for 485 homeless persons in FY 18-19.

Crisis Data

Crisis had a significant increase (**25%**) in the number of consumer dispositions including a **28%** increase in hospitalizations, and a **23%** increase in non-hospital dispositions in FY 18-19, with no increases in staffing or resources.



Thank You to All the MH/A/DP Staff!

Questions/Comments:

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